

## **PRESIDENT'S NOTES**

~ Sue Frost [243-4509]

**"If we had no winter, the spring would not be so pleasant: if we did not sometimes taste of adversity, prosperity would not be so welcome."** Anne Bradstad

Winter has arrived and as we close out this calendar year, let us rejoice in the prosperities we have shared.

~ Our Club is more united than ever and our membership has increased in numbers and commitment.

~ Our mentorship program was launched with renewed vigor.

~ Individual members were recognized by other members throughout the year for their outstanding contributions to our club.

~ Our garden tour was a blooming success and a fantastic fashion show netted a nice check for Open Door Health Center.

~ A new successful fundraiser was launched.

~ The District 7 Lt. Governor was elected from our club.

~ The bylaws revisions were completed in record time.

~ A change in location for meetings was established and combined business and program meetings were initiated.

~ There was good attendance at Area and District meetings.

~ Our program meetings were stimulating and we worked on various successful service projects.

~ Our newly established advocacy committee got us involved in many local events.

~ Our great newsletter and website continue to improve and we experienced more public relations than ever in the local newspapers.

Really, what more could we ask for?! We have certainly overcome our club "adversities" and ended the year on a "prosperous" note. Thanks to all of you for your belief and trust in me to serve as your President these 6 months. Trust leads to hope and hope leads to conviction and conviction leads to change. And as noted above, we have experienced many good changes in our club these past 6 months. Thank you for all of your hard work and commitment to the ideals of Zonta.

May you all be blessed this Holiday season with health, good camaraderie with friends and relatives, and a prosperous New Year.

~ Sue

## **Z' CALENDAR OF EVENTS**

### **DECEMBER**

- 10 R Business Mtg 6.45am @ Northwoods  
Program: ODHC – Sarah Kruse
- 11 F "16 Days of Activism Panel Discussion"  
1989 Gender Equity Study  
11.30 – 1.00pm  
Eide Bailly
- 15 T Presenting ODHC with check  
ODHC Board Meeting  
6.30 pm
- 17 R Holiday Party @ City Center Hotel  
Donate new, unwrapped toy

### **JANUARY**

- 28 R Evening Mtg with Marilyn Peterson  
Amelia Earhart Day

### **FEBRUARY**

- 25 R Finishing Touches

### **MARCH**

- 11 R Business Mtg 6.45am @ Northwoods
- 22 M Women's Night Out  
City Center Hotel  
4.30pm Exhibits/Networking  
6.00pm Dinner  
7.15pm Program

### **APRIL**

- 30 F Area Meeting  
Civic Center / Hilton Inn

### **JUNE (2010)**

- 25 S Int'l Convention, San Antonio, TX

## MEMBERSHIP

~Angie Schumacher [317-6681]

Name of Committee: OMC (ROCKS)

Date of Meeting: November 18, 2009

Members Attending: Shelley, Julaine, Tricia & Briley and Angie

Discussion/Decisions: 5 people at the M&G, THANKS to everyone for all of their help. OMC has discussed this and we feel that the members who do the inviting need to be the first contact to invite potential members to a meeting. As learned at conference, the membership needs to take ownership in the recruitment of new members and not just the OMC committee. Once we have the word that a potential member is interested in joining then OMC gets more involved. We have the email addresses of the guests at M & G and an e-card has been sent thanking them for attending the event and to keep in touch on behave of the Membership Committee.

For December we are working on a FUN project for Mentor/Mentee (M/M) involvement.

Kind of an incentive to keep in touch with each other.

And for January we are working on redoing the packets and tweaking the process for steps in asking a potential member and what to do following.

We are asking all membership to keep an eye out for the Michaels % off coupons.

**Next mtg – Jan 13, 2010 4p @ Tricia's!**

### **December Birthday Celebrations**

December 16 – Angie Schumacher

December 23 – Kerry Dixon-Fox

## Z GARDEN

~Loretta Wolthuis [388-9217]

Thanks to all who helped with the garden this year. It's been put to bed to sleep through the winter.

~Loretta and Sue

## PUBLIC RELATIONS

~Kate Loging [676-0205]

The PR Committee has been actively working with other committees to brainstorm, plan and promote a variety of Zonta events. Below are a few things to consider and keep in mind.

1. If you have yet to get your \$15 sponsorship of the newsletter to Barb Scott, please send it her way. Your contributions help support the printing cost of the growing newsletter.

2. We are brainstorming ideas for a name of an award to be given to a community member who professionally represents the ideals of Zonta. The event will take place in early March in conjunction with the monthly program, International Women's Day and Zonta's Rose Day. Please send ideas to Kate before December 31, 2010.

3. The PR Committee also started brainstorming the idea of hosting a Women's Walk or Volksmarch (historical/contextual walk) as a fundraiser and Zonta awareness event. Please send ideas and thoughts to Kate at your convenience. Please note this is merely an IDEA!

As always, if you have anything for the PR committee, please send it our way. Caroline, Muriel, Barb and Kate are at your service.

**Next meeting – TBD @ Coffee Hag**

## ZONTA AREA MEETING

April 30 – May 1, 2010

~ Tricia Stenberg [304-0660]

~ Kate Loging [676-0205]

Please mark your calendar for the Area Meeting being hosted in Mankato April 30 and May 1 at the Hilton Garden Inn and Verizon Wireless Center. Tricia will be contacting members to see how they would like to help with the meeting. Judy A. is currently collecting items for the goody bags. Please contact Kate or Tricia if you have questions or need additional information.

**~ ~ Reach out and touch someone...your mentee!**



**Keep an eye out for the next  
Zonta Star!**

**FASHION SHOW**

~Sara Sletten [779-3018]

Thanks for the great night! Check to be presented December 15, 6.30pm at the ODHC Board Meeting.

**WOMEN'S NIGHT OUT – MARCH 22, 2010**

~ Kate Loging [676-0205]

Mark your calendar for the 2010 Women's Night Out planned for Monday, March 22 at the City Center Hotel in downtown Mankato. Entertainment will be African Drumming and Dancing. Plan to attend! More information will follow soon!

**ZI AND ZIF NEWS**

~ Sue Frost [243-4509]

2010 Convention in San Antonio is June 25-30. This year is Zonta's 90<sup>th</sup> birthday. Clubs and districts may use the 90<sup>th</sup> Anniversary logo this year until Dec 31 to celebrate the anniversary. This is available on the Z web site.

Update on ZISVAW and Int'l Service Projects will be on the web site shortly. The ZI Board has discussed membership and strategies which they will work on to address countries of concern for declining membership. In the USA, our District 7 is included in the concerns. Redistricting has started with the minimum number of 300 members in a district as of May 31, 2010. As of yet, there is not a timeline set for redistricting boundaries.

**HERBERGER'S COMMUNITY DAY**

~Julie Vetter [995-7814]

Thanks to everyone for stepping up to the plate and volunteering to sell coupon books! Sales results to be announced later.

**BLOOMING PRETTY – JULY 11, 2010**

~Tricia Stenberg [304-0660]

Looking forward to Blooming Pretty 2010. Ten gardens in 2010 for \$10 will be a perfect 10 with your input. Be ready to answer the call of duty in January as we gear up for the 2010 tour.

**Let's be Blooming Pretty together!**

**PROGRAM**

~Diane Volden [345-8945]

December program will be presented immediately after the December 10 business meeting. Open Door Health Center's executive director, Sarah Kruse will be our guest. Sarah will talk briefly about Open Door and how our donation is put to use serving clients.

December Holiday Party will be on December 17 at the City Center Hotel (formerly Holiday Inn). Social time at 6:00pm, dinner 6:30pm. A donation of an unwrapped toy is suggested. See invitation for additional details.

**Next meeting – Coming soon!**

**ADVOCACY COMMITTEE**

~Judy Arzdorf [387-8281]

~Sonja Jacobsen [381-2540]

See Press Release at the end of the newsletter.

**FINANCE**

~Patty Palm [625-7538]

See notes at the end of the newsletter.

**Next meeting – soon @ Dunn Bros Madison**

**SERVICE / STATUS OF WOMEN / Z-EARTH**

~ Judy Vosbeek [387-7409]

No report this month – we are looking forward to the New Year!

**Next meeting – Coming soon!**

Gender Equity in the Courts  
Informative Panel

The Zonta Club of Mankato will be celebrating the 16 Days of Activism with a panel discussion and luncheon on Friday, December 11, 2009 from 11:30 a.m.-1 p.m. at Eide Bailly, 1911 Excel Drive. Discussion will surround the 1989 study of gender equity in the courts and how things have changed over the last 20 years.

Panelists Include:

***The Honorable Allison L. Krehbiel***

Judge of District Court - Nicollet County

***Michelle Zehnder Fisher***

Deputy Nicollet County Attorney

***Cindy McCabe***

Social Services Supervisor - Nicollet County

***Jayne Anderson***

Nicollet County Children's Services Supervisor

***Jessica Pelzel***

Nicollet County Probation Officer

To RSVP contact Judy Arzdorf at 387-8281.

The 16 Days of Activism Against Gender Violence is an international campaign starting November 25, International Day Against Violence Against Women and December 10, International Human Rights Day.

~ ***Google Group Email*** ~

We are asking everyone to please consider all correspondence sent via Google Groups. Several of us still send items that do not pertain to the club, but are considered "women's interest" items or "local event" items.

Please refrain from sending these e-mail notices. Many club members are ready to be taken off the list should this activity continue.

When sending correspondence via Google Groups, ensure it is strictly a Zonta endorsed activity before hitting the send button.

## NEWS RELEASE - NOVEMBER 30, 2009

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World AIDS Day to be observed Dec. 1  
Public awareness activities and events planned for December

Minnesota will join the U.S. and more than 200 countries to commemorate World AIDS Day on Tuesday, Dec. 1 for the 22nd consecutive year to call attention to the worldwide HIV/AIDS epidemic and the continued spread of the disease.

“Despite the progress that has been made in developing new treatments against HIV, new infections continue to occur at undiminished levels each year,” said Peter Carr, director of the STD and HIV Section, Minnesota Department of Health (MDH). “World AIDS Day provides us with an opportunity to heighten the awareness that AIDS is still here and that there is no cure or vaccine to slow its spread.”

Health officials report that more than 7,400 people worldwide are infected with HIV every day, and roughly 33 million people are estimated to be living with HIV or AIDS around the globe. The Centers for Disease Control and Prevention (CDC) estimates that 56,300 new HIV cases occur in the U.S. each year and that more than 1 million Americans are currently living with HIV.

“Nationally, a dangerous trend is emerging among persons between the ages of 13 and 24,” said Carr. “Statistics are showing that persons in this age group are being infected by HIV more so than ever before. We are monitoring this situation very closely in Minnesota.”

Since 1982, 8,819 people in Minnesota have been diagnosed with HIV infection, and 2,976 of them have died. Currently, an estimated 6,220 people are reported to be living with HIV/AIDS in Minnesota, including those who moved to Minnesota after they were diagnosed in other states. MDH received a new reported HIV case every 27 hours in 2008 and averaged about 320 new annual HIV infections over the past few years. Increases were seen among males, ages 13 to 24, where cases have more than doubled since 2001.

About 38 percent of all new cases reported in 2008 were among men of color. Statewide rates for African Americans and Latinos are nearly 10 and 5 times greater, respectively, than whites. Rates for African communities are over 24 times greater than for whites. Cases among white males and among men who have sex with men both increased by 13 percent in 2008 when compared to the previous year.

MDH data also show that about one in three persons diagnosed in 2008 were considered “late testers” indicating that they already had AIDS or developed AIDS within a year after being tested. An AIDS diagnosis usually occurs after being infected with HIV for five to ten years. Lower testing rates may be due to cultural and language barriers, social stigmas and limited access to health resources and care.

“Prevention and knowing your HIV status are still the best weapons to slow the spread of HIV infection,” said Carr. “Always practice safer sex and get tested early if you place yourself at risk so you can get the full benefits of early detection and treatment”.

To help provide dates and locations for prevention education and free testing opportunities, the MDH Web site offers a calendar of events at: <http://www.health.state.mn.us/divs/idepc/diseases/hiv/worldaidsday/index.html>.

World AIDS Day has been held annually since 1988 under the sponsorship of the Joint United Nations Programme on HIV/AIDS (UNAIDS) and recently through the organization, World AIDS Campaign.

-MDH-

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World AIDS Day activities will occur throughout December  
.....in Minnesota, here are a couple of sample event listings.....

Tuesday, December 1, Capri Theatre, 2027 West Broadway, Minneapolis, MN 55411

World AIDS Day Open MIC (6:00 – 8:00 p.m.), free and open to the general public

In observance of World AIDS Day, an open mike forum will be held to discuss the HIV disparities that are occurring among African and African American women. This event is hosted by the Minnesota African/African American Women HIV Initiative (MAAAH) and Full Faith Ministries.

Saturday, December 5, Brian Coyle Center, 420 15th Avenue South, Minneapolis, MN 55454  
African World AIDS Day Event (11:30 a.m. to 4:30 p.m.), free and open to the general public  
The African World AIDS Day (AWAD) Planning Committee is hosting its sixth annual event in observance of World AIDS Day. The AWAD event will feature three internationally renowned speakers: Margaret Korto from Ghana who now is a Capacity Building Specialist at the Office of Minority Health Resource Center, Washington D.C.; Dr. Kari A. Hartwig is Program Director of the Whole Village Project at the University of Minnesota who has worked in the area of HIV/AIDS research and prevention strategies in eastern and southern Africa and Southeast Asia since 1988; and, Dr. Alan Lifson, Professor, Division of Epidemiology and Community Health, School of Public Health, University of Minnesota, who also has worked in Africa. African performers including the Pilgrim Singers Kenyan Group, community leaders, agency exhibits, free HIV testing and a free lunch will also be included during the event.

For additional information about World AIDS Day activities, visit the MDH Web site at:  
<http://www.health.state.mn.us/divs/idepc/diseases/hiv/worldaidsday/calendar.html>.

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For more information, contact:

**Doug Schultz**

MDH Communications  
651-201-4993

**Roy Nelson**

STD and HIV section  
651-201-4027

### **DID YOU KNOW...ABOUT 16 DAYS OF ACTIVISM?**

*~ Kerry Dixon-Fox [515-290-7694]*

The 16 Days of Activism Against Gender Violence is an international campaign originating from the first Women's Global Leadership Institute sponsored by the Center for Women's Global Leadership in 1991. The campaign highlights the connections between women, violence, and human rights from 25 November to 10 December. The Campaign is an organizing strategy for individuals and groups around the world to call for the elimination of all forms of violence against women. 25 November was declared International Day Against Violence Against Women in July 1981 in Bogota, Colombia to commemorate the violent assassination of the Mirabal sisters (Patria, Minerva and Maria Teresa) on 25 November 1960 by the dictatorship of Rafael Trujillo in the Dominican Republic. In 1999, the United Nations officially recognized 25 November as the International Day for the Elimination of Violence Against Women.

1 December marks the beginning of an annual campaign to encourage public support for and development of programs to prevent the spread of HIV infection and promote awareness of issues surrounding HIV/AIDS. First observed in 1988, World AIDS Day serves to strengthen the global effort to face the challenges of the AIDS pandemic. This year, the theme of the UNAIDS World AIDS Campaign is "Stop AIDS. Keep the Promise," and demands governments keep their policy commitments related to HIV/AIDS.

10 December marks the celebration of the 1948 adoption of the Universal Declaration of Human Rights. This document was one of the first major achievements of the United Nations and provided the basic philosophy for many legally binding international instruments to follow.

### **Did you know.....about CEDAW?**

Since 1992, ten state legislatures have passed resolutions supporting the adoption of CEDAW including Illinois, California, South Dakota House, New York, Florida, Hawaii, Wisconsin Senate, Maine, North Carolina House, and Colorado. Over 186 nations have adopted CEDAW, those that have not yet include the United States, Sudan, Iran and Afghanistan. It is the only country in the western hemisphere not yet to adopt.

Learn about CEDAW at: <http://www.womenstreaty.org> and at <http://www.un.org/womenwatch/daw/cedaw/>

## Finance Committee Meeting was December 3, 2009 at Dunn Brothers Hilltop

Monthly report from the treasurer:

Style Show net \$6,817.85

15% of net is \$1,022.68 for administrative use

85% for service is \$5,795.17

Zonta Club of Mankato has approved gift to Open Door of \$5,000

Finance committee recommends that \$700 to Life-Work Planning Center be donated from Fashion Show proceeds. The Adult Women in Transition program would be a great fit. The program is not eligible for state funding and they continue to see a rise in need.

Community Woman Honoree Discussion regarding gift for Zonta honoree--Program Committee plans to honor community activist April meeting. Plan now for gift?

The Finance Committee recommends the remaining 95.17 be rounded up to an even \$100.00 and that that amount is used at the April meeting as a gift to the honoree for a charity of her choosing.

Brag bank proceeds to date are \$220, Travel Fund has \$1450.

Pin Sales:

Held back 3 for gifts from club to speakers, honorees; 16 remaining for sale

Jackpot Junction;

\$30 for table, Sold 10 pins \$50, Sales very slow, mainly to employees of the casino/hotel. Finance committee recommends Zonta decline invitation to participate if we are invited to next year's Jackpot Junction "Holiday Extravaganza."

Patty assigned to write a nice letter thanking Jackpot Junction for opportunity to participate and request donation to club!

Madison East

Big thank you to volunteers: Caroline McGowan, Sara Sletten, Judy Arzdorf, Sonja Jacobsen, Tricia Stenberg, Julaine Trapp, Muriel Schoon, Marilyn Ringheim, Julie Vetter, Sue Frost, Kate Logging, Patricia Palm.

Sold 7 Garden Bandits [\$105], Sold 11 pins [\$55] Aihu no sales,

Baked Goods \$36.70 for San Antonio Senoras

Recommend we sell individually wrapped bars, possibly sloppy joes? Hot dogs?

GiveMN.org

Both Minneapolis and St. Paul Zonta clubs were on the list of non-profits receiving donations from individuals. Ask Kerry to research this

Fundraising Discussed possibility of soliciting donations from former members—Holly will work on this. Also discussed Woman's Show in September—will pursue later [May? Deadline?]

### GETTING TO KNOW YOU

~ Shelley Schultz [327-8803]

**Favorite vacation spot:** anyplace in Italy or anyplace by the ocean.

**Character in a movie:** Diane Keaton in "The First Wives Club". I could watch that movie every weekend!

**Annual:** petunia because my NaNa Rose always had them at her house and now my grandchildren and I plant them together.

**If I won the lottery:** pay off the debt on the farm, start a trust fund for grandchildren and daughters, establish an endowment for Catholic education at Loyola, make contributions to MSU, St Ann's Catholic Church, Susan B Komen Foundation, Zonta International, Theresa House, CADA House, Open Door Health Center, Hospice, go on a trip with Global Volunteers and take my Zontian friends with me, buy a villa in Italy and invite all my cousins for a vacation, and give away the rest!!!!

**Favorite state fair food:** chocolate chip cookies and cold milk. That is how we always end up our outings to the state fair. We eat the cookies on the way back to the car and then put the lid on them until we get home!



### GETTING TO KNOW YOU

~ Sue Frost [340-4758]

**What is your favorite memory?** Decorating the Christmas tree with lights, balls and tinsel.

**What was your most devious act as a teenager?** Sneaking a cigarette and trying to smoke it.

**What is your favorite vacation spot?** The mountains—but really, anywhere as long as I am with good friends.

**What character in a movie or book do you most associate yourself with?** Mary Poppins

**What animal would you like to be and why?** A dog—they are loving and dependable

**What is the most rewarding volunteer opportunity you've experienced?** Being a girl scout leader to the same group of girls for 10 years and seeing them grow and mature.

**If you won the lottery tomorrow what would you do with it?** I'd send a large amount to my Hermitage, pay off my bills and go to New Zealand.

**What is your favorite State Fair food?** Mini donuts

**Anything else you're dying to share?** I love to travel.



### GETTING TO KNOW YOU

~ Patty Palm [625-7538]

**Most devious act as a teenager:** When a junior in high school I took a year of chemistry. The teacher was also the high school principal. Over the course of a few weeks, I stockpiled the necessary chemicals to make black powder. One day the principal was called to the main office to deal with an emergency situation. I took the opportunity to make an explosive device and ignite it. Results were spectacular—entire lab filled with smoke. No one snitched on me and I didn't get caught!

**Favorite childhood memory:** Probably the year my aunt LuVerne and her two babies (9 months apart) lived moved in with us in 1949 while Uncle Larry was still stationed in Japan after WWII. I could take care of my cousins and fill in as the fourth player with my aunt and her canasta-playing friends.

**Favorite Vacation spot:** I don't have a specific location that's a favorite—but love to "road trip." My last "vacation" was to Madrid with side-trips to Portugal (Porto & Lisbon) and Tangier, Morocco.

